

Saturday 9th June 2018
SELF-CARE FOR THE WOUNDED HEALER
Alf McFarland

The fairytale 'Godfather Death' tells the story of a 'wounded healer' who brings about his own ruin through a masochistic failure to respect the limits of his therapeutic method. The story can be taken as a warning to all who work in the 'healing' professions of the dangers we face arising from our own early psychic wounds. In this paper I explore the importance of going on relating to one's own wounds after one's own formal psychotherapy has ended as a part of living and working as a psychotherapist. In particular I share some reflections on the value to me of playing tennis as a means of regularly engaging with my woundedness, particularly in relation to aggression.

Alf McFarland trained initially as a Clinical Psychologist and joined the first cohort of trainees on the Jungian training at WMIP, completing the training in 1995. He has presented two clinical papers at WMIP meetings. He has developed a particular interest in communicating psychoanalytic ideas to the public beyond the psychotherapy profession. He has six articles published in Saga magazine and more recently gave a presentation at Waterstones in Birmingham. He has a full-time private practice in Leicester.

APPLICATION DETAILS FOR JANUARY – JUNE 2018

The lectures from **January to June 2018 inclusive** will be held at **The Priory Rooms, Quaker Meeting House, 40 Bull Street, Birmingham B4 6AF** (www.theprioryrooms.co.uk). These lectures will be held **between 10:15 – 12:45**. The cost for each lecture is **£50.00 for WMIP members** and **£60.00 for non-WMIP members**. Bookings should ideally be made at least a fortnight before the lecture to be attended.

Please make BACS payments as follows:

Bank: Barclays, Sort Code: 20-08-44, Account No: 03737950

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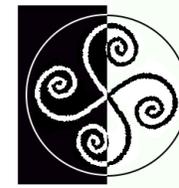
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Cheques should be made payable to *'The Training in Jungian Analytical Psychotherapy'* and sent to:- Sue Harford, Administrator to the Jungian Training Committee, Unit 1A, Stockwith Park, Stockwith Road, Misterton, Nottinghamshire. DN10 4ES. Telephone: 08444 631 341. Email: jtc@wmip.org

2017 / 2018

JUNGIAN PUBLIC LECTURE SERIES

Contemporary Jungians in Practice:
A series of papers which illustrate the influence and application of Jungian concepts to the practice of analytical psychotherapy



presented by

The Jungian Training Committee
of
The West Midlands Institute of Psychotherapy

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Saturday 4th November 2017
SPIRITUALITY IN THE CONSULTING ROOM
Murray Stein

Since the 1990's, clinical psychologists (in the United States, primarily) have carried out a significant amount of research regarding spirituality in clinical practice. Questions that have been raised and addressed in many articles, books and conferences in the last several decades include: What is the difference between religiosity and spirituality? Should questions regarding these matters be addressed in the context of psychotherapeutic practice? Does it make a difference if the therapist has religious commitments or a spiritual attitude? Jungian psychotherapy has included consideration of the numinous since the days of the founding figures, and many books have been written on this topic. It is still an open question, however, just how important spirituality or numinous experience might be for psychic healing and mental health. According to Jung, it is the numinous experience that overcomes neurosis. This lecture will take a fresh look at this topic and offer some examples of spirituality in practice, both positive and negative.

Murray Stein, Ph.D. is a Jungian psychoanalyst practicing in Zurich, Switzerland. He is a former president of the IAAP and is a training and supervising analyst at ISAP Zurich. His books include *Jung's Treatment of Christianity*, *In MidLife*, *Jung's Map of the Soul*, *Minding the Self*, and most recently *Outside Inside and All Around*.

APPLICATION DETAILS FOR NOVEMBER 2017

This event will be held between 10.15am and 2.45pm at Staff House, University of Birmingham

The cost for the lecture (incl. lunch) is £95.00 (Student Rate - £70.00).

Bookings must be made by 31st October 2017

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Saturday 20th January 2018
ARCHETYPES:
THEIR CLINICAL RELEVANCE IN ANALYTIC PRACTICE
Martin Schmidt

Jung's esoteric archetypes have caused much confusion. This is, in part, because he describes them in very diverse ways. From one perspective, they are portrayed as an invisible matrix which generates universal patterns. From another, they are psychic forces, the core of complexes, which can possess a personality. He also depicts them as 'units of meaning' which can be apprehended intuitively. In this paper, I try to unpick some of this confusion and demonstrate how archetypal thinking remains useful in understanding the clinical encounter. I explore the role of archetypes in transference, how psychoanalysis is built upon universal archetypal themes and how personal narratives can become ossified into archetypal myths.

Martin Schmidt, MBPsS, is a Jungian Training Analyst at the Society of Analytical Psychology. He works in private practice in London and lectures widely both in the UK and internationally. His work has been published in English, French and Russian journals and, for over 10 years, Martin has been a regular supervisor/lecturer in Belgrade, Kiev, Moscow and St Petersburg. He is currently the Honorary Secretary of the International Association of Analytical Psychology (IAAP) and its Regional Organiser for Central Europe.

Saturday 3rd March 2018
THINKING ON THE BORDER:
MEMORY AND THE TRAUMA IN SOCIETY
Jonathan Sklar

How does an individual human being return from the far reaches of certain terrible experiences?

- From being in the trenches of the Somme?
- From crawling through the sewers of the Warsaw Ghetto?
- From Atomic destruction?
- From today's random bombings to the fragile meaning of life as a mass movement of people flees to Europe. And these modern matters are contributing to a severe rise in anti-immigrant rhetoric and prejudice towards other human beings.

Walter Benjamin described how, prior to the First World War, experience was passed down through the generations in the form of folklore and fairy tales (Xi The Storyteller). Have such descriptive threads become broken in our modern times?

Jonathan Sklar FRCPsych is a training and supervising psychoanalyst of the British Psychoanalytic Society, an Hon Member of the Psychoanalytic Society of Serbia and the South African Psychoanalytic Association. He was Vice President of the European Psychoanalytic Federation from 2007 until 2011, a PIEE Teacher at the Summer School 2010-14 and a European IPA Board member from 2015 to 2017. Jonathan lectures and supervises widely- in Chicago, East Europe and South Africa

Saturday 12th May 2018
WHY DON'T PSYCHOTHERAPISTS LAUGH?
ENJOYMENT AND THE CONSULTING ROOM

Ann Shearer

Humour, enjoyment and lightness of heart find relatively little place in the literature of depth psychology, where the sombre themes of mourning and loss, anger and hatred remain predominant. This talk wonders what fuels such a persistent bias towards the tragic, how this has influenced the development of theory, and how this in turn might affect therapeutic practice. 'Ordinary people' have known since time began about how humour helps them weather life's vicissitudes, heal its tragic wounds and even survive the worst of physical and psychological challenges. If therapists can allow a little more humour into their consulting rooms might their patients be encouraged to re-find courage and enjoyment in a world that may now seem nothing but bleak?

Ann Shearer is a senior member of IGAP and lives in London. She teaches in both the UK and internationally, and has written many chapters and journal articles, with a particular interest in the relevance of mythology to psychology. Her own books include *Athene: Image and Energy*; *From Ancient Myth to Modern Healing: Themis, goddess of heart-soul, justice and reconciliation* (with Pamela Donleavy); and most recently *Why Don't Psychotherapists Laugh? Enjoyment and the Consulting Room*.